

LICENSED CLINICAL PSYCHOLOGIST  
PSY 30350  
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OFFICE ADDRESS:  
299I SHATTUCK AVE, SUITE 303  
BERKELEY, CA 94705

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## EDUCATION

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**California School of Professional Psychology,** 08/2011 – 08/2017  
Alliant International University, San Francisco, CA  
Ph.D., Clinical Psychology  
GPA: 4.0, APA Accredited

**Pyramind** 05/2009 – 08/2010  
DSP-C (Digital Sound Producer Complete) – Audio Engineering,  
Music, Video, and Media Production, and Software Training  
GPA: 4.0

**California Institute of Integral Studies** 08/2005 – 08/2006  
B.A., Interdisciplinary Studies  
GPA: 4.0

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## CLINICAL EXPERIENCE

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**Clinical Psychologist in Private Practice** 11/2018 – *Present*  
Berkeley, CA

- Provide therapy for children, adolescents, families, adults, and couples.
- Expertise in working with complex trauma; life crises; infancy and early childhood; attachment; major mental health disorders; disability; adolescents, adults, and family dynamics.
- Provide individual, dyadic, infant/parent, family, couples, and collateral therapy.

**Family Clinician** 09/2017 – *Present*  
Through The Looking Glass  
Berkeley, CA

- Assess and diagnose children using Medi-Cal Managed Care criteria for diagnoses, impairment and intervention.
- Provide clinical intervention (home-based when possible) for children and families.
- Support quality interaction and relationships between infants or children and parents.
- Provide individual, infant/parent, family, and group therapy.
- Coordinate with other service providers as appropriate

- Drive to family home and provide in home clinical services.
- Provide support in parent /child interaction that encourages developmentally appropriate activities for the changing needs of infants and toddlers.

**Predoctoral Intern**

09/2016 – 08/2017

UCSF Zuckerberg San Francisco General Hospital  
*Child and Adolescent Services and Infant-Parent Program*  
 San Francisco, CA

- Provided outpatient individual, family, and group therapy to culturally diverse, trauma exposed children, adolescents, and families.
- Provided home visiting infant-parent psychotherapy, working dyadically with parents and their infants who have experiencing intergenerational trauma, neglect, abuse, early life separations, CPS involvement, domestic and community violence, and other stressors.
- Provided intervention in Pediatrics, conducted comprehensive psychoeducational and psychodiagnostic assessments, and completed pre-adoption evaluations for foster children.

**Supplemental Practicum**

08/2014 – 07/2015

Kaiser Permanente Medical Center—Autistic Spectrum Disorders  
 San Francisco, CA

- Assessed youth aged 2–18 for Autism Spectrum Disorders.
- Assessments integrated cognitive testing and the *Autism Diagnostic Observation Schedule* (ADOS-2), which uses play-based presses to evaluate social, communication, and interpersonal abilities.
  - *Supervisors:* Heidi Brunette, Psy.D., and Anat Feinstein, Ph.D.

**Educationally Related Mental Health Services (ERMHS) Assessor**

09/2013 – 06/2014

Alameda County Behavioral Health Care Services  
 Alameda County, CA

- Evaluated needs of culturally diverse students (aged 7–16) to determine whether mental health services should be included in IEPs, and clarify appropriate school setting placement.
  - *Supervisors:* Linda Hunt, L.C.S.W., and Anne-Olivia Rose, Psy.D.

**Practicum II**

07/2013 – 07/2014

Psychological Services Center, Child and Family Program  
 Oakland, CA

- Provided individual and group therapy for low SES, culturally diverse middle school students age 11–15.
- Conducted full-battery assessments of children aged 8–13, including cognitive, achievement, personality, neuropsychological, auditory processing, and projective testing.

- *Supervisors:* Tim Tisdell, Psy.D., Patricia Cummings, Psy.D., Sandy Frucht, Ph.D., and Sarah Warner, Ph.D.

### **Practicum I**

09/2012 – 08/2013

Rubicon Programs, Wellness and Recovery Continuum,  
Richmond, CA

- Provided long-term psychotherapy to culturally diverse, trauma-exposed adult clients with major mental illness, and many with dual diagnosis in a community mental health setting.
- Led two psychotherapy groups: expressive arts group and music group.
- Led intern supervising Community Day, a therapeutic weekly milieu program for clients with schizophrenia.
  - *Supervisors:* Sharon Bass, Ph.D., and Edward Levine, M.D.

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## **RESEARCH EXPERIENCE**

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### **Dissertation**

11/2015 – 04/2017

Alternative Education School, Bay Area, CA

- Studied music therapy intervention I created, Recorded Music Expressive Arts (RMEA), with culturally diverse, trauma exposed alternative education high school students with substance abuse issues.
- RMEA process: a) favorite song is chosen as creative template for personally meaningful new words and music; b) song written and music reworked with my assistance, using portable recording studio; and c) song is collaboratively recorded, mixed, produced, and encoded onto CD.
- Integrates Narrative Therapy and creative process as means to voice challenges, “tell their story,” and re-author problem-saturated narratives in culturally sanctioned manner.
- Found a) enhanced coping (problem focused engagement, cognitive restructuring, and emotional expression); b) decreased substance misuse; c) increased contemplation and action readiness to respond to intervention; d) improved behavior (e.g. internalizing, behavior, learning problems, and suspension rates); and e) higher attendance rates.

### **Research Assistant**

11/2014 – 07/2015

Foster Youth Study, Oakland, CA

- Assessed trauma-exposed mothers, who had previously been in foster care and now have young children (aged 0-3), using the Working Model of the Child Interview.
  - *Supervisor:* Elena Padrón, Ph.D.

**Staff Research Associate**

05/2014 – 10/2015

Veterans Affairs Medical Center, San Francisco, CA

- Assessed veterans and civilians using Structured Clinical Interview for DSM-IV Axis I Disorders (SCID-I) and The Clinically Administered PTSD Scale (CAPS).
- Determined participant diagnoses, particularly PTSD, and eligibility for research studies.
  - *Supervisor:* Kristi Samuelson, Ph.D., and Christi Zenteno, Ph.D.

**First Project**

12/2011 – 01/2013

“Treating Inhalant Abuse in Adolescence: A Recorded Music Expressive Arts Intervention”

CSPP at Alliant International University, San Francisco, CA

- Studied RMEA with an adolescent with significant neuropsychological sequelae following three months of chronic inhalant abuse.
- Findings supported a) amelioration of symptoms of depression (*BDI-II* and *SCL-90-R*), b) reduction of psychiatric symptoms (*SCL-90-R*), and c) increased utilization of adaptive coping strategies (*Adolescent Coping Orientation for Problem Experiences*).

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**VOLUNTEER CLINICAL EXPERIENCE**

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**Children’s Hospital Clinical Volunteer**

05/2012 – 09/2013

Children’s Hospital, Oakland, CA

- Co-facilitated music therapy groups for adolescents, and worked in the Teen Lounge to assist with expressive art projects, play games, and interact with inpatient youth.
- Provided bedside services for infants and children using multi-modal methods (e.g. art, music, games), and liaised with nurses to provide additional services.
  - *Supervisor:* Holly Clark, M.S., C.C.L.S., C.T.R.S

**Suicide Prevention and Crisis Counseling Hotline**

05/2011 – 05/2012

Family Services Agency, San Rafael, CA

**After-School Program Group Facilitator and Teacher**

10/ 2010 – 05/2011

Marin Youth Center, San Rafael, CA

- Facilitated after-school expressive arts group/class for at-risk teens.
- Designed program curriculum to teach music production, use of audio technology, and songwriting for personal expression.

**Expressive Arts Group Facilitator**  
Drawbridge, San Rafael, CA  
www.drawbridge.org

09/2008 – 09/2010

- Provided expressive art therapy sessions to homeless children (aged 2–13) struggling with loss, displacement, and trauma related to homelessness.
- Co-facilitated group art therapy, weekly meetings, and cooperative projects at shelters.
  - *Supervisor:* Jacqueline Tabb, M.F.T.

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## TEACHING EXPERIENCE

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**Teaching Assistant, Psychodiagnostic Assessment** 08/2013 – 06/2014  
CSPP at Alliant International University, San Francisco, CA

**Teaching Assistant, Intellectual Assessment** 01/2013 – 06/2013  
CSPP at Alliant International University, San Francisco, CA

**Teaching Assistant, Statistics** 08/2012 – 06/2013  
CSPP at Alliant International University, San Francisco, CA

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## PUBLICATIONS

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Oklan, A. M. (2017). *Reauthoring narratives with alternative education students using recorded music expressive arts* (Dissertation). Retrieved from Proquest Dissertations and Theses database. 10278105.

Oklan, A. M. & Henderson, S. J. (2014). Treating inhalant abuse in adolescence: A recorded music expressive arts intervention. *Psychomusicology: Music, Mind, and Brain*, 24(3), 231–237. <http://dx.doi.org/10.1037/pmu0000058>

Oklan, A. M., Kliman, G., Oklan, A. K., Oklan, E., (2013). *My Story About The School Shootings*. San Francisco: Children’s Psychological Health Center.

- Authored Guided Activity Workbook to help youth and families affected by the school shooting at Sandy Hook Elementary in Newtown, Connecticut.
- Developed to assist parents, teachers, and mental health professionals in helping youth overcome school shootings and similar acts of mass violence.
- <http://www.keepandshare.com/doc/5396270/my-story-about-the-school-shootings-pdf-8-3-meg?da=y>

